

WEBINAR ON PALLIATIVE CARE – AN UPDATE

Sree Vidyanikethan College of Nursing organized a webinar on palliative care an update on 20-11-2021 by Dr. Rakesh Garg, additional professor, AIIMS, Dr.A.T.K Kora, Holy trinity senior care center, Manganam, Kerala, Mrs. Neelam R.Lal Ex.DNS ,Palliative care nurse specialist .The program was inaugurated by Dr. Rathi Balachandran



National Webinar on **PALLIATIVE CARE: AN UPDATE**

Date: 20-11-21 | Time: 11:00AM to 12:30PM

Inauguration:

Dr. Rathi Balachandran, ADG(Nursing), DGHS, MoHFW, Govt. of India

Resource Persons:

Dr. Rakesh Garg, Additional Professor, IRCH, AIIMS, Delhi

Dr. A. T. Kora, Holy Trinity Senior Care Center, Manganam, Kerala

Mrs. Neelam R. Lal, Ex. DNS, Palliative Care Nurse Specialist

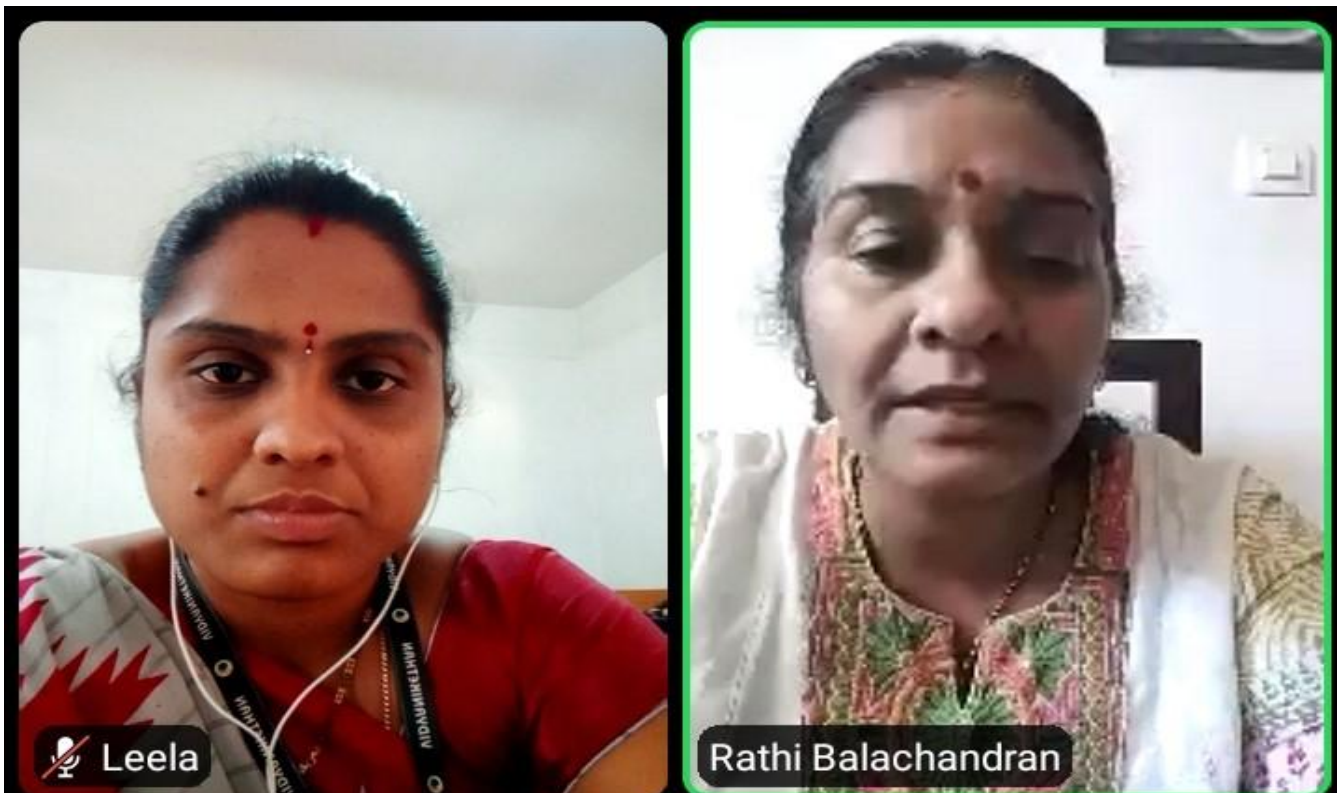
Platform: ZOOM

Organised by: NSS Unit, Shree Vidyanikethan College of Nursing

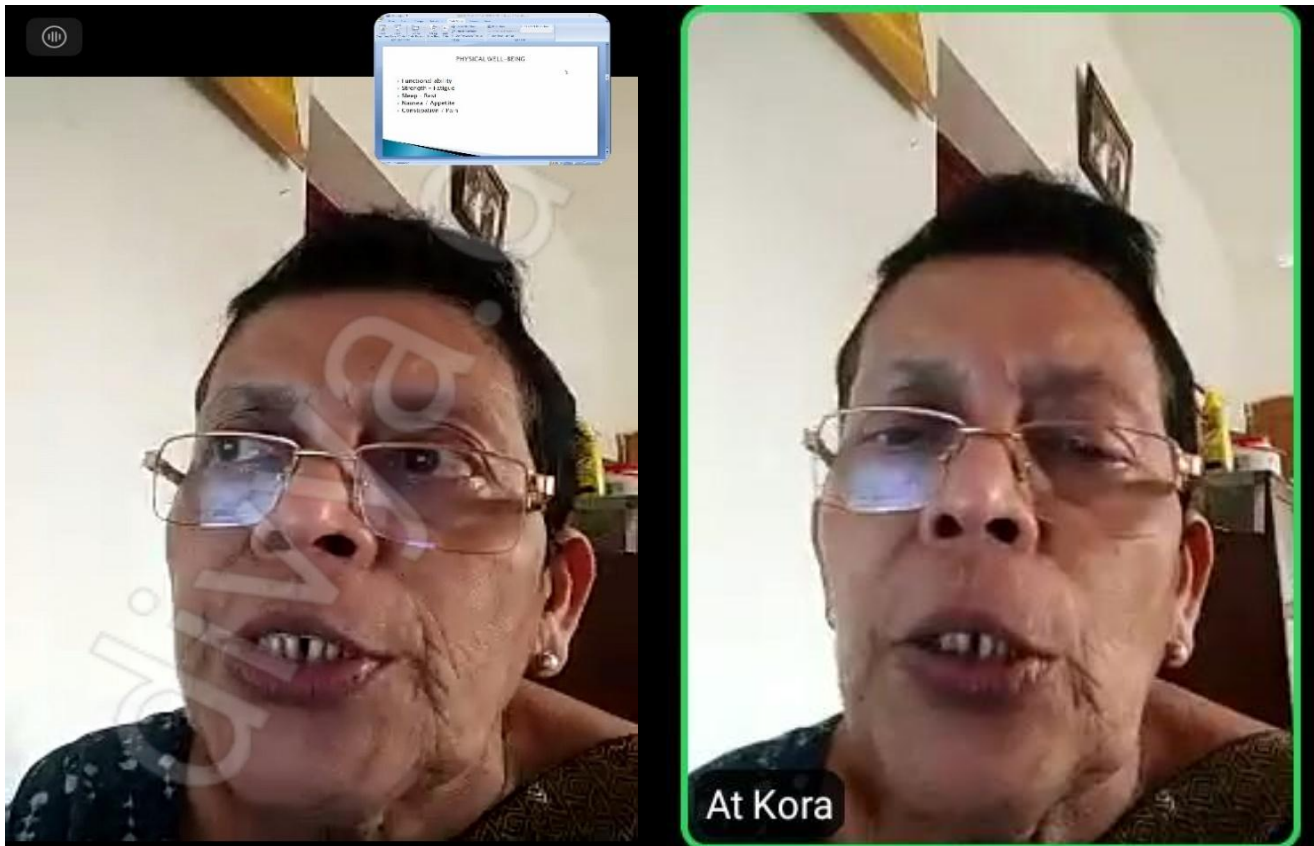
In association with: DNipCare



Mrs.V.Kusuma, assistant. Professor address the gathering



Inaugural speech by Dr.Rathi balachandran

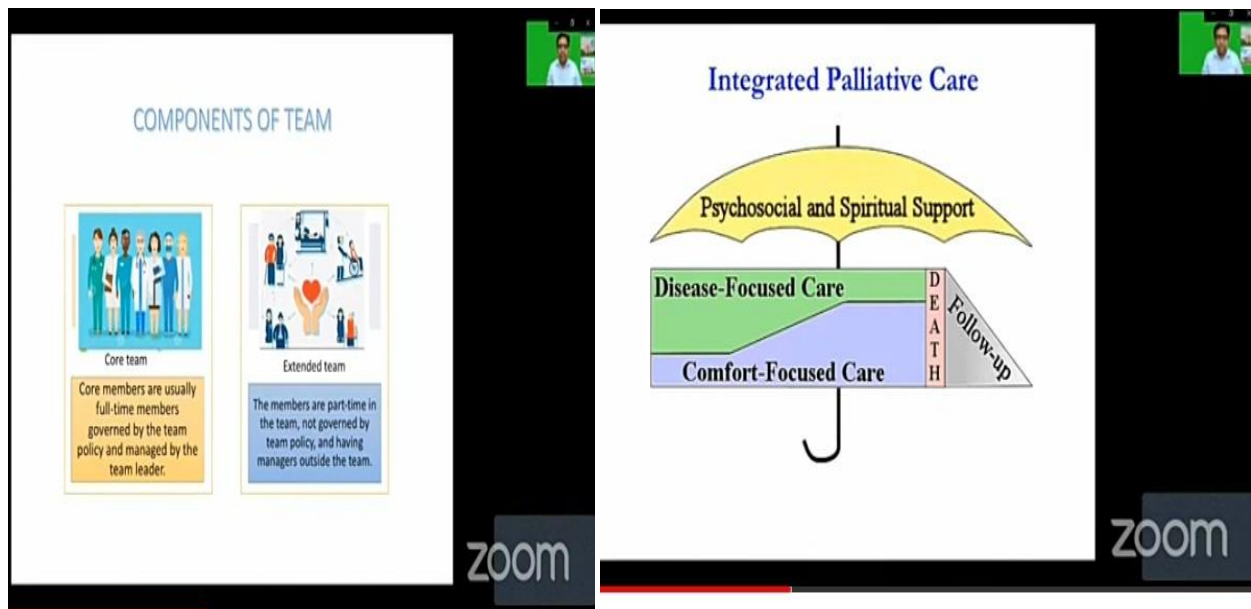


Dr.kora explaining the nurses role in palliative care

Dr. Kora explaining Unique opportunity to maintain patients and families by providing excellent physical, psychological, social and spiritual care during palliative care .madam also insisted on essentials of palliative care . Palliative care services included Home care, Medical consultations, Outpatient clinics, Day care, Inpatient care, Bereavement support, Hospice care services. Finally madam insisted to every nurse has to maintain effective communication with the patient during palliative care it's may helps to promoting the wellbeing of the patient suffer with oncological disorders.



Dr. Rakesh garg explaining hospice care



COMPONENTS OF TEAM

Core team
Core members are usually full-time members governed by the team policy and managed by the team leader.

Extended team
The members are part-time in the team, not governed by team policy, and having managers outside the team.

Integrated Palliative Care

Psychosocial and Spiritual Support

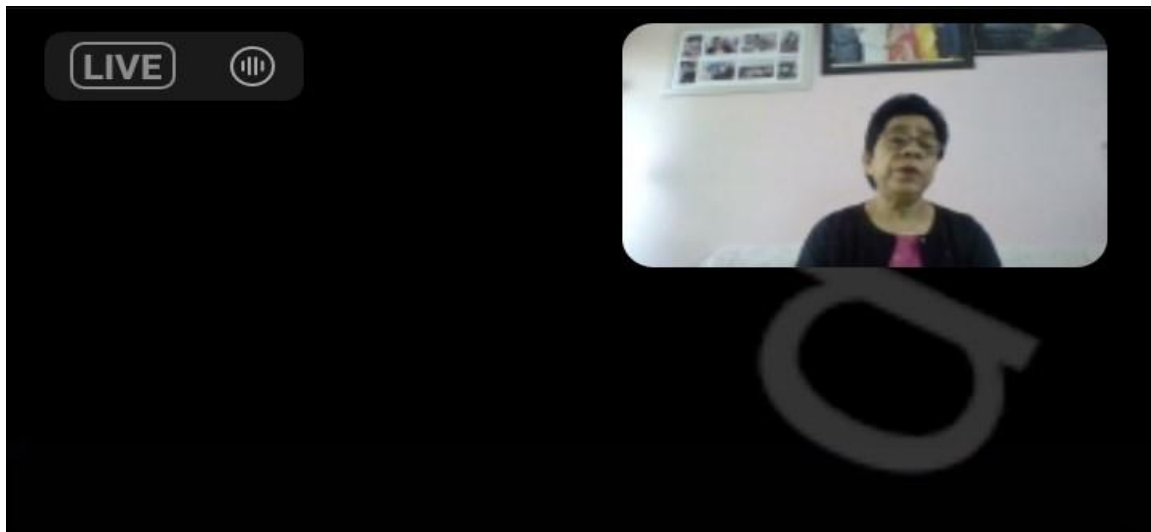
Disease-Focused Care

Comfort-Focused Care

DEATH

Follow-up

Dr. Rakesh garg explained the principles of palliative care and also end of life care .he also explained various evolving models for providing palliative care .The potential palliative care settings like home care settings, hospice, hospital, OPD settings we can provide the palliative care. He also explained the potential palliative interventions



Importance Of Ostomy Support group

- ❖ To promote awareness and education.
- ❖ To peruse personal growth and self respect and confidence.
- ❖ To connect patient, family, friends and care givers for support.
- ❖ To improve hope and courage and quality of life with stoma.
- ❖ To improve feeling that "I am not alone".
- ❖ Give opportunity to share information, support in time when needed.
- ❖ To offer support, reassurance and practical information to patient and relatives

"Together Everyone Achieves More"



Neelam R Lal explain the stoma care and care to be taken during Iliotomy, colostomy, Urostomy, and also explaining the care to be taken on patient is on ostomy pouch. She also stressed on type of food suppose to be taken to avoid the odor, itching from ostomy site, skin care to be taken in and around the stoma. Madam also explaining the care of the stoma pouch and care to be taken while changing the pouch, management of stoma opening.



The image shows a screenshot of a live video lecture. In the top right corner, there is a small video window showing a woman with glasses speaking. In the top left corner, there are icons for 'LIVE' and a mute button. Below the video window is a slide titled 'Points to remember' with a list of five bullet points.

Points to remember

- ❖ Try new food for the person in small amount one at a time
- ❖ Avoid those food which upsets the person
- ❖ Be cautious about foods such as onions dried fruit, peas, nuts, coconut
- ❖ Yogurt and butter milk are good.
- ❖ Do not add aspirin to the pouch.
- ❖ Even though aspirin can help prevent odor, it could cause ulcers on the stoma.

Students & faculty from college of nursing participated and gained the knowledge on palliative care. The Programme adjourned with the vote of thank by Mrs.R.Leelavathy, assistant professor.