

## PHYSICAL EDUCATION

Sree Vidyanikethan College of Nursing II Year B.Sc Nursing students organized a physical education training program on 21-04-2022 at Municipal corporation MPP School SVU Campus, Tirupati. Nursing Students demonstrated various exercises with the help of flashcards and also explained the importance of exercises in daily life.



**Miss.Khaza bhanu explaining the types of exercises**



**Students doing exercises**



**Students are practicing exercises**



**K.Pavithra II Year B.Sc Nursing student demonstrating how to do exercise**