

## **WORLD FOOD SAFETY DAY-2022**

### **COOKING COMPETITION**

Our NSS Unit of Sree Vidyanikethan College of Nursing organized a cooking competition for II B.Sc Nursing students as a part of WORLD FOOD SAFETY DAY. All of them actively participated in the cooking competition and explained the safe cooking methods & cooking principles, healthy foods, preservative methods of foods, organic farming, benefits of taking organic foods & also about food adulteration.



**Celebrating WORLD FOOD SAFETY DAY**



**Displaying the food items prepared during the cooking competition**



**NSS Volunteer explaining the nutritional values of food and cooking principles**



**Mr.P.Narasimha Prasad, a B.Sc Nursing student discusses food adulteration, common food adulterants, and identifying those food adulterants in markets. He also explained about organic farming, taking those organic foods and their effects on our health.**



**Dr.P.Prathima, Principal of Sree Vidyanikethan College of Nursing has attended the program**