

SREE VIDYANIKETHAN COLLEGE OF NURSING
CONTINUING NURSING EDUCATION
ON
EXPLORING THE NURSE PROFESSIONAL SKILLS

Sree Vidyanikethan College of Nursing has organized the Continuing Nursing Education Program on "Exploring the Nurse Professional Skills" on 06.06.2024 from 11 AM to 1PM at Dasari Auditorium by Dr.Prathima.P, Principal SVCN, Dr.Roja Chokkara, Associate Professor SVCN and Mrs.V.Kusuma, Assistant Professor, SVCN. The objectives of the CNE Program are students will be able to know the communication-meaning, types, importance, consequences, therapeutic communication and non therapeutic communication techniques.



CNE Program on
**EXPLORING THE PROFESSIONAL
NURSE COMMUNICATION SKILLS**

SPEAKERS

Dr. Prathima P, Principal, SVCN
Dr. Roja C, Associate professor, SVCN
Mrs. V. Kusuma, Assistant professor, SVCN

06 JUNE 2024 11:00 AM – 1:00 PM

📍 Dasari Auditorium

Organized by: SNA UNIT,
Sree Vidyanikethan College of Nursing

Before starting up the Programme, Pre test was conducted to assess the knowledge level about the therapeutic communication techniques.



CNE Programme had started with the prayer of lord ganapathi



Dr.Prathima.P, Principal, SVCN had explained about communication as the exchange of information, thoughts, and feelings between people via voice or other means. Also discussed the different ways of effective communication and types of communication as oral, written, non verbal and digital.



Principal Mam explained about importance of communication to nurse leaders with a good patient experience and outcomes which helps to build trust and rapport, employee job satisfaction helps to fostering a supportive and engaged culture, organization success helps to coordination across departments. Mam described the potential consequences of poor communication like medical errors, poor service, low morale, inefficiency. Mam had explained about competencies of improving communication as listen actively, adjust for the audience, use communication models, leverage technology, provide feedback, get leadership training. Mam had discussed the Interpersonal relationship for patient to develop sense of security and cooperation, to facilitate communication, to improve socialization.



Mrs.V.Kusuma, Assistant professor, SVCN had taken presentation on therapeutic communication techniques based on providing space, continue discussion, verbal and non verbal cues, expression of feelings, step for change. In providing space, there is a usage of techniques like offering self, boad openings and silence, where as in continuing discussion we have to use the communication techniques like open ended comments, reflection, restating. In verbal and non verbal cues, the techniques like exploring, recognition, focusing & directing where as the techniques used are in expression of feelings, they used verbalizing the implied, clarifying, making the observations. In step for change the techniques used are confronting and limit setting.



Dr.C.Roja, Associate professor, SVCN had taken dicussed the non therapeutic communication includes words, phrases, and actions that make a patient feel uncomfortable, increase their stress worsen their mental and even physical wellbeing. The techniques used are failure to listen, conflicting verbal, judgemental attitude, false assurance, giving of advice, inability to receive information, change the subject, looking too busy, probing, discourages expression, over whelming, reassurance the client, sympathizing the client, arguing, limiting the ideas, threatening the client.



Dr.Prathima.P,Principal,SVCN is giving the token of presentation to Dr.C.Roja,Asso.Professor in CNE Programme



Dr.Prathima .P,Principal SVCN mam is giving the token of presentation to Mrs.V.Kusuma,Asst.Professor in CNE Programme





Involvement of students in CNE Programme in video presentation on therapeutic and non therapeutic Communication techniques and Post test was conducted after the programme





CNE programme was concluded with vote of thanks by IV Year students **Ms.Saipriya & Ms.Sameera**.

