

Date: 11th March, 2020

DON'T WAIT UNTIL IT BITES YOUR JOINTS AND MUSCLES

Sree Vidyanikethan College of Nursing organized a guest lecture on "DON'T WAIT UNTIL IT BITES YOUR JOINTS AND MUSCLES", by Dr.R.Sathishrao, M.D., MRCP, (UK), Rheumatology (USA), Ramineni hospitals, Tirupathi.



Dr.R.Sathish explaining the rheumatic diseases



Dr.R.Sathishrao enlightening the students on Rheumatic diseases

While addressing the audience, Dr.R.SATHISH focused on the silent burning health problem i.e. rheumatic diseases and its impact. He stressed on the various rheumatic diseases like rheumatoid arthritis, psoriatic arthritis, spondyloarthopathy, gouty arthritis, systemic lupus erythemaus(SLE), neck pain, frozen shoulder, low back pain.



Dr.R.Sathishrao interacting with the students

Dr.R.Sathish also focused on common symptoms of rheumatic arthritis that includes fatigue, weight loss, stiffness of joints, joint tenderness, numbness & tingling, joint redness, swelling, pain in the joints. In advance stages of rheumatic diseases early morning stiffness, redness and pain in the eyes, dry eyes, dry mouth and chest pain is also seen. He also stressed on advancements in diagnosis and management. He explained on management of client with rheumatic diseases includes use of NSAIDS, COX-2 Inhibitors, Corticosteroids, and the regular physiotherapy can be helpful to overcome the rheumatic diseases.



Dr.R.Sathish explaining the clinical manifestations of rheumatic diseases



138 students from Sree Vidyanikethan College of Nursing & 13 faculty members participated in Guest lecture & enriched the knowledge. The Principal, SVCN conveyed vote of thanks and the programme was adjourned with the National Anthem.