

GUEST LECTURE ON PCOD

Sree Vidyanikethan College of Nursing has organized a guest lecture on Polycystic Ovarian Disease (**PCOD**), **18th** December, 2018 from **3:00 to 5:00PM** at Dasari Auditorium, by **Dr. R. Umadevi**, Ms (obstetrics) Consultant, Sri Maruthi Speciality Hospital & Director, Sri Gangothri hospital, Tirupathi. More than 200 students from college of nursing & college of pharmacy attended the lecture along with faculty members. Dr. R. Umadevi gave awareness on “The way the healthy life style practices (like avoiding junk foods and sedentary life) will prevent PCOD occurrence and its treatment regimen”. She also focused on common gynaecological problems like white discharges, uterine bleeding.

Dr. S. Anuradha, principal of College of nursing emphasized to avoid myths and misconception and to practice the right methods like **breast self examination & menstrual hygiene** and frequent voiding to avoid occurrence of urinary tract infections especially in girls.



Mrs.M.Sandhya priyadharshini, Assistant professor, college of nursing, welcomed the guest and addressed the gathering.



Dr. R. Uma Devi explained the causes of PCOD



Dr. R. Uma Devi explained the impact of PCOD



Dr. R. Uma Devi insisted on the importance of healthy life style to prevent PCOD



Dr. R. Uma Devi clarifying the queries



Dr. S. Anuradha, Principal, Sree Vidyanikethan College of Nursing extended vote of thanks



Dr. S. Anuradha, principal felicitated the speaker