


ONLINE YOGA WORKSHOP

in association with  THE ART OF LIVING

Dates: June 20 and 21, 2020 | Time: 9:00am to 10:00am

Theme: Yoga@home & Yoga with Family

under the guidance of

Sri J.JAHNAVI, Art of Living teacher, Australia

Mrs. C. S. Vijayalakshmi, Art of Living teacher, Tirupati

Organized by

SREE VIDYANIKETHAN COLLEGE OF NURSING

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International
YOGA Day